

Young and T1:

A group of young adults living with type 1 diabetes

Who: T1Ds age 18+

Are you interested in:

- Mentoring younger individuals with T1D
- Volunteering in the community alongside other T1Ds
- Fundraising for T1D Research
- Outdoor events such as hiking or snowshoeing
- Social events such as parties, BBQs, or bowling
- Educating the community on T1D

If this is you, come join us by signing up at
youngandt1.com!



Check us out at Youngandt1.com
Facebook: **Young and T1**
Or contact us at youngandtype1@gmail.com

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